

# Outreach

## The Need:

Accessing health care can be challenging for both rural and urban communities in Africa because of:



Low numbers of local health workers



Far distances to travel for the nearest health facility



Undersupplied health facilities

**Amref Health Africa works to fill these gaps.**

## Who We Are:

Amref Health Africa is an Africa-based non-profit committed to improving the health of people in Africa by partnering with and empowering communities. The cornerstone of our work is training local health workers in the communities we serve and building strong health systems from the grassroots level up. We use African solutions to tackle African health challenges with African expertise.

## What We Do:

**Reconstructive Surgery:** Using light aircraft, commercial flights, and road transport, we provide both surgical services and training for local health professionals to improve their surgical skills and patient care in the most remote villages. We provide surgeries that are otherwise impossible to get in these areas including fistula repair, cleft lip and palate repair, and severe burn reconstruction.

**Immunization:** We train local health workers to organize outreach days to provide children, pregnant women, and the elderly with vaccines for diseases like pneumonia, TB and other common but deadly diseases. This ensures that people living in the most hard-to-reach areas – such as remote, rural villages and slum areas – have access to immunization services. We provide under-equipped health facilities with the vaccines and refrigeration to store the vaccines.

**Maternal Care:** Amref Health Africa-trained midwives go out into rural communities on outreach missions and provide maternal care services for women who need them. This includes check-ups for pregnant women, education on how to keep themselves and their babies healthy, and even family planning services. This is especially effective in ensuring that pregnant women receive the recommended antenatal care check-ups they should receive before their baby is born.



Learn more at  
[www.amrefusa.org](http://www.amrefusa.org)