

emref

health africa

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## **Maternal and Child Health**

## The Need:



**200,000** women in Africa die every year during pregnancy and childbirth from *preventable* causes



midwife can prevent **80%** of these deaths

## Who We Are:

Amref Health Africa is an Africa-based non-profit committed to improving the health of people in Africa by partnering with and empowering communities. The cornerstone of our work is training local health workers in the communities we serve and building strong health systems from the grassroots level up. We use African solutions to tackle African health challenges with African expertise.

## What We Do:

**Training Midwives**: With the right equipment and training, a midwife can provide basic, but life-saving care to women in any setting — whether it's a remote rural village or an urban slum. Midwives are essential to ensuring that both mother and baby have a safe and happy delivery.





Over **9,000** midwives trained since 2010

**Immunization and Fighting Diseases:** We provide the right vaccines to prevent diseases and illnesses that can be deadly for a pregnant woman or a newborn. A trained midwife is also able to prevent the transfer of HIV from mother to baby.

**Family Planning Services:** We ensure that women are able to receive information and services that inform her reproductive health decisions.

**Prenatal and Postnatal Care:** We expand access to quality care during pregnancy and childbirth, providing women with checkups, nutritional education, and other essential information to keep herself and her baby healthy.

**Mother-to-Mother Support:** We train women to be Community Health Volunteers, who are elected by their community, and provide them with resources to organize mother-to-mother support groups, where new mothers and pregnant women can openly voice their concerns and issues with other women. These women are also able to provide their neighbors with basic health information.