



## Fighting Infectious Diseases



HIV/AIDS, TB, and malaria are three of the largest causes of death in sub-Saharan Africa



But they are all easily preventable and treatable

### Who We Are

Amref Health Africa is an Africa-based non-profit committed to improving the health of people in Africa by partnering with and empowering communities. The cornerstone of our work is training local health workers in the communities we serve and building strong health systems from the grassroots level up. We use African solutions to tackle African health challenges with African expertise.

### What We Do

**Training Community Health Workers (CHWs):** CHWs are often the only link to health care for millions of people in rural areas and are capable of providing simple, but life-saving interventions. With the right equipment and training, CHWs can prevent outbreaks. They can provide basic check-ups, recognize symptoms for diseases such as malaria and link patients with care, and to provide health education to their neighbors to prevent common illnesses and diseases.



**Providing Vaccines Through Outreach:** Local health workers are trained to organize outreach days in the most vulnerable communities to provide children, pregnant women, and the elderly with vaccines. This ensures that people living in the most hard-to-reach areas – such as remote, rural villages and slum areas – have access to immunization services.

**Improving HIV/AIDS Testing and Counseling:** We train health workers to provide high-quality and appropriate HIV/AIDS testing and counseling services in any setting. This is especially important for youth who often feel intimidated by these services. We also train health workers to organize and run group meetings for HIV+ people where they can receive psychological and social support, and even entrepreneurial training. We also work to prevent other sexually-transmitted diseases through reproductive health education, couples counseling and condom distribution.

**Strengthening Laboratories:** Without an accurate diagnosis of medical conditions like HIV, how can someone seek treatment? We upgrade laboratories and the skills of local lab technicians in blood testing for malaria, HIV/AIDS, and TB. This ensures that people can receive the treatment they need rapidly and effectively. We target lab technicians from remote and underserved communities where the need is greatest.



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[www.amrefusa.org](http://www.amrefusa.org)